

TRE® Gathering Agenda

Danang, 13-16 November, 2025

13th November- Welcome

15:00-16:30	OPENING WELCOME: Setting the scene Introduction of trainers	Sae Kani & David Berceli
16:30-17:30	INTRODUCTION OF BODY & SENSES: Connecting to Self and Each Other	Maxim Paradiso Isabelle Claus Teixeira
17:30-18:30	GROUP SHAKE	
18:30-20:00	WELCOME DINNER & NETWORKING	

14th November- Connecting to Self to Hold a Safe Space for Others

8:30-8:45	GATHER	
8:45-9:00	INTRODUCTION OF THE DAY	
9:00-10:00	SESSION 1: Experiential Developing Inner Strength	Josephine Bu
10:00-10:15	BREAK	
10:15-11:45	SESSION 2: Experiential Internal Alchemy & Group Shake	Simba Stenqvist
11:45-12:30	SESSION 3: Case Study & Q&A Being Innovative with Self-Regulation	Park Hea Joo
12:30-13:45	LUNCH	
13:45-14:00	GATHER	
14:00-14:30	SESSION 4: Case Study & Q&A Beyond Therapy Room: The Unlearning Journey of a TRE Provider	Aun Ali
14:30-15:00	BREAK	
15:00-16:30	SESSION 5: Experiential Self Touch to Deepen Embodiment	Sae Kani
16:30-18:00	Vision & Mission of TRE in Asia	Joan McDonald

15th November- Deepening Connection to Self for a Safest Presence

8:30-8:45	GATHER
8:45-9:00	INTRODUCTION OF THE DAY

9:00-10:30	SESSION 6: Experiential Vagal Regulation	Carina Lun
10:30-11:00	BREAK	
11:00-12:30	SESSION 7: Experiential Facial Maneuvers	Simba Stenqvist
12:30-13:45	LUNCH	
13:45-14:00	GATHER	
14:00-14:30	SESSION 8: Case Study & Q&A Connecting with Nonverbal Somatic Practices- Survivors of Sex Trafficking	Jamuna Maharjan Shrestha
14:30-14:45	BREAK	
14:45-16:45	SESSION 9: Experiential Demonstration	David Berceli
16:45-17:00	BREAK	
17:00-18:30	Vision & Mission of TRE in Asia	Joan McDonald

16th November- Creating TRE in Asia

8:00-8:15	GATHER	
8:15-8:30	INTRODUCTION OF THE DAY	
8:30-9:45	SESSION 8: Case Study Community Model in Vietnam	Dung Mai
9:45-10:00	BREAK	
10:00-12:00	VISION & MISSION OF TRE in ASIA	Joan McDonald
12:00-12:30	CLOSING	David Berceli Isabelle Claus Teixeira

This schedule is subject to change